

The TrumBulletin

A **Publication** of the Trumbull Church of Christ, 2 Drew Circle, Trumbull, CT.
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Dear Friend Who Is Battling Lies: Hold on to Truth

"Come to me, all you who are weary and burdened, and I will give you rest." [Matthew 11:28](#)

Often, we can be our own worst enemy. We struggle with feelings of guilt and inadequacy, in [parenting](#), in our marriages, in work, from the past to our present. We "instant replay" all of our mistakes in our hearts, in our minds. We feel like we're not enough, we can't get it all done. And the world can be really great at reminding us most days where we fall short. The enemy whispers his lies of defeat. He's done it since the beginning of time. He's a manipulator and deceiver. He'll attack when we're already down. He watches for our every weakness. Comparison seeps in. Feelings of being overwhelmed. We sink right into that downward spiral of defeat and despair. And, you may know the story well. I do too. But we don't have to stay stuck there.

Dear friends in Christ, who work so hard, serve faithfully, love well, and make endless sacrifices for those you care about...

For those who don't always feel like you get it right, who struggle with guilt, insecurity, or deep feelings of failure...God sees you. He knows the burdens you carry. He's aware of how you've tried so hard to be strong for those you love. He understands the pain you've faced and even without uttering a word, He knows. He gets it, and you, and me too. In our weakness, He is strong.

"My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me." [2 Corinthians 12:9](#)

"Come to me, all you who are weary and burdened, and I will give you rest." [Matthew 11:28](#)

Come to Him, bring all that's on your heart and mind. He promises to give rest and peace. He's never asked us to carry it all. He doesn't expect us to be perfect and strong through our own strength. But right smack in the middle of our weakness, He shows up Strong, Mighty, Powerful, True. We can let go of the guilt, the defeat, the feelings that we're not enough, or the lies the enemy has whispered our way. God gives us hope and a purpose, He renews our strength like the eagles, and He invites us to bring every care, every burden to Him And to leave it there. Not in ourselves. In our own efforts or striving. Not in our image, our families, the way we look, or what we own. Not in what we do, or how many titles are behind our name.

Rest for the weary and strength for the overwhelmed are found only through Christ. In the arms of Jesus.

Peace.

Debbie McDaniel

NEWS & NOTES

*Anyone interested in helping with **World Bible School**-contact Ron

*Asking for donations of nonperishable goods for in-house pantry.

Tuesday morning Ladies Bible Class -March 22 @ 9:30 am

Friday eve, Ladies Bible Study-April 8th @ 7pm at the building

***Sunday Bible Class** will now be available online. Go to the church website

***Announcements** to be made at the end of services should be given to Ron before Sunday.

***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Prayer request for bulletin may be sent to Margaret @ mrizzio07@gmail.com

*Please let us know if you are not receiving robocalls so we can update our list.

Tithing can be done either through the mail or via tithe app

Spooner House is in need! Donations may be dropped off at the church building or contact Ron. We are also collecting travel size personal care items for abused women that come to the shelter.

To Our visitors: We welcome you to the worship service of the church of Christ that meets in Trumbull. Please fill out a visitor's card and place it in the collection plate when it is passed so that we may have a record of your attendance. If you have any questions concerning why we worship the way we do or what we believe, please feel free to ask. We would be happy to set aside time to study the Bible with you. Please let us know if we can be of serv

Prayer Requests

*Pray for Nadine and health decisions that need to be made *Pray for George & Elaine Caruthers , Elaine recently suffered a stroke. *Pray for Judith Gomez who is struggling with intense pain. *Pray for Skip French,a close friend of Jay Repecko. *Pray for Jody Pancoast who is due with her second child at the end of May. *Pray for Tracy Walkup and family, her Dad (Ray) passed away on Friday. *Pray for Joe Nuzzo's coworker Al Garcia who has had some challenges related to a kidney transplant.He and his wife are expecting their first child. Also for his friend Jason Kasprzyk who is dealing with pain. *Pray for Flo who is not feeling well and has been undergoing testing to find a cause. *Pray for all those citizens of the Ukraine and all those trying to help them. *Pray for Carolyn Metz recovering from a mini stoke. *Pray for Marie Preteska at the passing of her husband Eddie this week, also for Bob & JoAnne DiScala and family. *Pray for Sylvia Sandavol (Elmer's wife, Spanish ministry) who has a rare autoimmune disease that can cause paralysis. *Pray for John Partington & family. Their 9 y.o grandson, Seth has been diagnosed with a degenerative, incurable disease and their son (Seth's father) suffers from multiple health problems *Pray for Nadine's cousins, the Philips,who are struggling in age with their health. *Pray for Jen Ruiz who is struggling with severe vertigo. *Pray for Mel Skigen's declining health, also his sister, Arlene passed away recently. *Pray for Jay and Flo's daughter, Lauren. *Pray for Romeo Tomlinson who is having severe memory problems and stage 3 kidney disease. Also Nadine's cousin Veronica Ellis who has been having mini strokes.	*Pray for those dealing with cancer and chemo treatments- Judith Gomez, Donna Post, David Fritzinger, Cohen (Ron's friend) *Pray for all of our youth, that they see God's glory and find Jesus on their journey.. *Pray for our country & our leaders in government. *Pray for families, relatives, friends and people we are reaching out to, that they may turn to the Lord. *Special prayers for our church leaders. *Prayers for all families caring for their elderly or sick loved ones: Greg Payne caring for his mother ,Allie Saracino-Cherie, ,Dean Perkins-Mildred Perkins, Paula & Bruce-Fran. *Pray for: Pat Yagowski, Fran Elizus, Mildred Perkins,, Daniel Ruiz *Pray for those suffering from long term illnesses: Nuris Gomez,Irene Aschen, Mel, Gladys Howley,, Noah Darrow, Orion,, Tabitha, Karen O, Angela's mom Connie Scalzo, Anthony Katz., Jasmyn Malagutti,, Zak Pappas Fernandes. , Jim Walkup's brother (Sam), Taylor Rusin and Rocco's friends (Karolyn Kirchgessler & Joanne Karow) Cyrus (Zach's friend) dad who has brain cancer, Lance Flood,Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes. ~Tidal River Christian Camp- info on back table. See Pat Keller for details. ~Next year our congregation will be celebrating it's 150th anniversary. Please let us know if you would be interested in helping to plan this event. Next planning session - March 6th right after worship service. ~Tori will be in a Performing Arts Show Fri. March 25th 7 pm @ Seymour High School- Songs from all eras- join her for a night of free entertainment. Collection for Ukraine- Tori's school will be collecting supplies , items listed on the back door- due April 1. "When I was in prison you came to visit me" (Matthew 25;36) Starting March 13th we will be collecting toiletries for the Bridgeport Juvenile Detention Center.(ie:toothpaste, shampoo, body wash, they particularly like AXE body wash.) These items are put in a care package to give them when they are released from the center.
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Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you

Wednesday Bible Classes: 7:00 p.m canceled til further notice, participate online via Zoom
Sunday Bible Class 10 am @ church building

Worship Service @ 11 am
Elders: Bruce Pancoast 203-452- 0426
Ron Saracino 203-913-8345
Minister: Ron Saracino 203-913-8345
Spanish Ministry: Elmer Sandavol 914-914-486-9146
Deacons: Ray Fernandes 203-459- 0284
Luis Ruiz 203-610-2396

Week of March 20 ,2022
Online services
Go to Trumbull Church Of Christ website:
trumbullchurchofchrist.org
Song Leader:Derin Wilson
Lord's Table: Bruce Pancoast
Closing Prayer: Ray Fernandes
3/13 - 3/20
Donations: \$1901
Spending: \$3766

