



The TrumBulletin



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THE YOKE

Christians all over the world look at the cross as a symbol of Christianity. You can find it on top of churches, on the cover of song books and bibles, and on the end of chains that people wear around their necks. The cross is a reminder of the great sacrifice that Jesus made for all of mankind, for the forgiveness of sins. Jesus used the cross as a symbol of discipleship. He said in Mark 8:34, "If anyone would come after me, he must deny himself and take up his cross and follow me." There is another symbol that Jesus used for Christian commitment, one which may not be as obvious to many people. It is the "yoke." Jesus said in Matthew 11:29-30, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." You probably will not see this symbol of Christianity on to many church steeples or at the end of to many necklaces. The yoke is a symbol of submission, obedience, service, and fellowship. As Christians we are to submit to the will of God. Jesus said, "Take My yoke upon you." Just as a yoke directs the steps of the oxen attached to it, so too should the will of God direct our steps. Our attitude should be that of Jesus' before His death, when He said to His Father in heaven, "if you are willing, take this cup from me, yet not my will, but yours be done." (Luke 22:42) As Christians we are to be obedient to God. Jesus said, "Learn from me." The yoke gives the oxen no choice, but to obey their master. If we are going to call ourselves Christians, then it should not be a choice in our minds whether to obey our Lord and Savior Jesus Christ. Jesus tells us, "If you love me, you will obey what I command." (John 14:15) As Christians we are to serve our God. Jesus said, "My yoke is easy and my burden is light." The work of the oxen under the yoke is guided and controlled. Without the yoke, the work would not get done. Christ's yoke is our obligation to receive him as the Messiah, to believe his doctrine, and to be in all things conformed to his Word and to his Spirit. Some might question that the burden of being a Christian is light. However, compared to the burden of living in sin, Christianity is a light burden. As Christians we are to have fellowship with one another. Jesus says, "All you who are weary..." A yoke puts the oxen side by side, working together. The yoke harnesses two animals together so as to pull a load neither one could pull alone. We are not alone in Christ, but serving side by side with each other. Galatians 6:2 says, "Carry each other's burdens."

~Ron Saracino

NEWS & NOTES

Registration is now open for current and past members to join us on Nov. 4th, 5th & 6th to celebrate our 150th anniversary. See **page 3**
We will be compiling a **recipe book** for our 150th anniversary. If you would like to include a recipe please email it to Kristen Wilson
@kristenlanewilson@gmail.com
Ladies Bible Class Tues 10/23 930am

Meriden/Manchester Youth Rally- Nov 11-13

Spooner House has specific needs for towels, washcloths, pillow cases, toothbrushes and toothpaste

To Our visitors: We welcome you to the worship service of the church of Christ that meets in Trumbull. Please fill out a visitor's card and place it in the collection plate when it is passed so that we may have a record of your attendance. If you have any questions concerning why we worship the way we do or what we believe, please feel free to ask. We would be happy to set aside time to study the Bible with you. Please let us know if we can be of service

Prayer Requests

***Paula Ross** is feeling much better and having less migraines on her new medication
 ***Mel** has been moved to Lord Chamberlain Rehab and is getting better
 *Prayers for **Gus & Nancy Roldan, and Mike & Ginny Lichac** (former members), lost their son, **Christopher Roldan** this past week.
 ***Randy Springer** is at St. Vincent's with severe neck pain and undergoing testing
 ***Crystal Bates** (Pamela Pimpton's friend) whose daughter is going through a divorce
 ***Jeff Warren** is recovering from COVID
 ***David Pinto** (Leah's brother) was diagnosed with a mass in his lung that must be removed. He is still undergoing PET/CT test and will see a Thoracic & Vascular surgeon soon. They also found an aneurysm developing on his spleen.
 ***Lillie Bendolph's** brother has been quite ill after having had covid and other major health issues,
 ***Debbie Christy** went to the ER this past week with muscle spasms. She is being treated with prednisone and a muscle relaxer.
 ***Matthew McMullen's** Grand-Father Robert Birdsall is in ICU with bleeding on the brain. He is not a candidate for surgery so they are watching him closely.
 *Pray for **Pat Yagowski** who is dealing with severe pain.
 *Pray for **Mel** who was recently hospitalized.
 *Pray for **Toni Bonadio**, she had an angiogram this week which discovered a 50% blockage.
 *Pray for **Karen Shelton** (friend of Kris & Chelsey;s) , prayers for her peace
 *Pray for Mary Lou's neighbor, **Sally**, her 2 sons have blood cancer.
 *Pray for **Maria Walsh** (a friend of Toni & Joann) who recently suffered a stroke.
 *Pray for safe travels for **Ron ,Lisa, Zach & Tori.**
 *Pray for **Karen Razasa** who is awaiting biopsy results.
 *Pray for the **Repecko's**, they lost a friend, Bruce Antsy this week from cancer. Continued prayers for **Flo** as she had an abnormal EKG and is wearing a heart monitor. Also for their daughter **Lauren** who is having many health issues and awaiting medical test results.

*Pray for friends of Pamela Pimpton-**Sharon Juhan**, struggling with cancer and **Sandra Smalls**, awaiting a heart transplant .
 *Pray for **Anthony Yanis**, recently diagnosed with prostate cancer.
 *Pray for **Debbie Christy** who had two nephews pass away last week.
 *Pray for **Jeremy Sazone** (Waterbury Church of Christ member) who is dealing with a rare bone disease.
 *Pray for **Pura Gomez** (Gus's sister) who is in ICU in Puerto Rico.
 * Pray for **Daniel Ruiz** who is going through a difficult time.*
 *Pray for those dealing with cancer and chemo treatments- **Judith Gomez, David Fritzinger, Cohen** (Ron's friend), **Sarah** (Angela's niece), **Teri** (Ray's S-I-L)
 *Pray for **our country & our leaders in government ,first responders and health care workers.**
 *Pray for **families, relatives, friends and people we are reaching out to, that** they may turn to the Lord.
 Special prayers for **our church leaders.**
 Prayers for all families caring for their elderly or sick loved ones: Greg Payne caring for his mother ,Allie Saracino-Cherie ,Dean Perkins-Mildred Perkins,
 ***Pray for:** Pat Yagowski,, Mildred Perkins,, Daniel Ruiz
 ***Pray for those suffering from long term illnesses:** Flo Repecko, Paula Ross, Meegan and Irine, Sylvia Sandoval, Nuris Gomez, Irene Aschen, Mel, Gladys Howley, Noah Darrow, Orion,, Tabitha, Karen O, Angela's mom Connie Scalzo, Anthony Katz., Jasmyn Malagutti,, Zak Pappas Fernandes. , Jim Walkup's brother (Sam), Taylor Rusin ,Cyrus (Zach's friend) dad who has brain cancer, Lance Flood,, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.

Mel's new address: 228 Wesley Heights Rd. Shelton, Ct. 06484

Our congregation will be celebrating it's 150th anniversary this year. Please let us know if you would be interested in helping to plan this event.

*Anyone interested in helping with **World Bible School-** contact Ron

***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you

Sunday Bible Class 10 am @ church building

Wednesday Bible Classes: 7:00 p.m canceled til further notice, participate online via Zoom

Worship Service @ 11 am

Elders: Bruce Pancoast 203-452- 0426

Ron Saracino 203-913-8345

Minister: Ron Saracino 203-913-8345

Spanish Ministry: Elmer Sandavol

914-914-486-9146

Deacons: Ray Fernandes 203-459- 0284

Luis Ruiz 203-610-2396

Week of Oct.23,2022

Online Bible study and service

Go to Trumbull Church of Christ website:

trumbull churchofchrist.org

Song Leader: Derin Wilson

Lord's Table: Steve Froehlich

Closing Prayer: Luis Ruiz

Week 10/16-10/22

Donations: \$1771

Spending: \$2080

Registration is now open for current and past members to join us on November 4th , 5th and 6th.

Here is how to register:

Visit our church website –
www.trumbullchurchofchrist.org

Click on the 150th anniversary link

Click on current and past members and complete the RSVP.

Recipes of favored potluck dishes from years past can also be shared for a recipe book that will be put together for the event. Photos can also be uploaded (up to 5 photos).

To upload photos:

1. Digitally

A. Email to 150th@trumbullchurchofchrist.org

(no more than 5 attachments in an email). You can send as many emails as you might like.

B. Direct upload

Goto: <http://150ys.trumbullchurchofchrist.org>

Note: (Do not use www.)

Password is: Trumbull!

Use the ... at the upper right and create a new folder and rename it your first and last name.

Open the folder and either use the up arrow or drag and drop folders or individual pics. Every member needs to register individually, for us to get a complete headcount for those that are coming. It only takes a few minutes to register