



The TrumBulletin



A **Publication** of the Trumbull Church of Christ, 2 Drew Circle, Trumbull, CT.
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Gratitude

Gratitude is a special gift given to us by God. Gratitude is fundamentally about not taking things for granted; it is being thankful for what we have and receive. Thankfulness is a powerful means of drawing near to God.

1 Thessalonians 5:16- 18 Rejoice always, pray continually, give thanks in all circumstances for this is God's will for you in Christ Jesus.

"Thank you is the best prayer that anyone could say. I say that one a lot. Thank you expresses extreme gratitude, humility understanding.~ Alice Walker

Ephesians 5:20 Always give thanks to God the Father for everything, in the name of our Lord Jesus Christ

Research shows gratitude makes us happier. There are many benefits of gratitude, physically, emotionally, mentally and more importantly, spiritually. Gratitude helps us to grow closer to God. Colossians 4:2 Devote yourselves to prayer being watchful and thankful

Psalms 107:1 Give thanks to the Lord for he is good; His love endures forever.

Phillipians 4:6 Do not be anxious about anything but in every situation by prayer and petition with thanksgiving present your request to God.

Colossians 3:17 and whatever you do whether in word or deed do it all in the name of the Lord Jesus, giving thanks to God the Father through Him. Know that the Lord is God.

Psalms 100:3 It is he who made us, and we are his; we are his people, the sheep of his pasture. And for that alone I am truly thankful and grateful for. This holiday season, take time to still for a moment, take a deep breath, look around and see all we have to be grateful for.

Happy Thanksgiving

Margaret

NEWS & NOTES

**Wed. Night Bible Study via zoom
-7pm**

**Tues. Ladies Bible Study-Nov. 22nd
@9:30 am via zoom**

**Fri. Night Ladies Bible
Study-Dec 9th @ 7pm.**

**Dan Cooper is heading up a 12 day
inspirational tript to Israel and
Greece May 23-June 3,2023. Fliers
will be on the table in the
auditorium. See Nadine if you have
interest in going.**

Spooner House has specific needs for
towels, washcloths, pillow cases,
toothbrushes and toothpaste. Toiletries
for 4 women without families. If you
would like to bring a meal or
sandwiches Contact Liz Holcomb at
(203)2250455X105

To Our visitors: We welcome you to the worship service of the church of Christ that meets in Trumbull. Please fill out a visitor's card and place it in the collection plate when it is passed so that we may have a record of your attendance. If you have any questions concerning why we worship the way we do or what we believe, please feel free to ask. We would be happy to set aside time to study the Bible with you. Please let us know if we can be of service

Prayer Requests

*Prayers for **Karen Ohrenberger's parents** who are going through a difficult time, and for the family as they care for them.

*Prayers for **Callie Eddy** who has been sick with a fever these past 5 days.

*Prayers for **Laney** who is sick and has a fever.

*Prayers for **Mike Ross** that his pain will subside.

*Prayers for **Kevin Early** who continues to have a-fib symptoms after having a procedure to treat the a-fib.

*Prayers for **Marie Preteska, JoAnne, Toni and Greg's sister.**

*Prayers for **Olivia Taylor** who has been sick.

*Prayers for **Brian Keller**, , his company is experiencing layoffs, May his job not be affected.

*Prayers for **Kristin Hubbell** who is starting a new teaching program which has some challenges.

*Prayers for **Darwin's** job search. She recently interviewed at Yale and is waiting to hear from them.

*Prayers for **Gus & Nancy Roldan, and Mike & Ginny Lichac** (former members), lost their son, **Christopher Roldan.**

***Randy Springer** is at Lord Chamberlain recovering from a spinal infection,

*Pray for **Toni Bonadio**, she had an angiogram this week which discovered a 50% blockage.

*Pray for **Maria Walsh** (a friend of Toni & Joann) who recently suffered a stroke.

* Continued prayers for **Flo** as she had an abnormal EKG and is wearing a heart monitor. Also for their daughter **Lauren** who is having many health issues and awaiting medical test results.

*Pray for **Anthony Yanis**, recently diagnosed with prostate cancer.

*Pray for those dealing with cancer and chemo treatments- **Judith Gomez, David Fritzinger, Cohen** (Ron's friend), **Sarah** (Angela's niece), **Teri** (Ray's S-I-L)

*Pray for **our country & our leaders in government ,first responders and health care workers.**

*Pray for **families, relatives, friends and people we are reaching out to, that** they may turn to the Lord.

Special prayers **for our church leaders.**

Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, ,

***Pray for those suffering from long term illnesses:** Jeremy Sazone, Flo Repecko, Pat Yaglowksi. Meegan and Irene, Sylvia Sandoval, Nuris Gomez,, Mel, Mildred, Gladys Howley, Karen O, Angela's mom Connie Scalzo, Anthony Katz., Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes. , Jim Walkup's brother (Sam), Cyrus (Zach's friend) dad who has brain cancer, Lance Flood, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.

Mel's new address: 228 Wesley Heights Rd. Shelton, Ct. 06484

*Anyone interested in helping with **World Bible School-** contact Ron

***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you

Sunday Bible Class 10 am @ church building

Wednesday Bible Classes: 7:00 p.m canceled til further notice, participate online via Zoom

Worship Service @ 11 am

Elders: Bruce Pancoast 203-452- 0426

Ron Saracino 203-913-8345

Minister: Ron Saracino 203-913-8345

Spanish Ministry: Elmer Sandavol

914-914-486-9146

Deacons: Ray Fernandes 203-459- 0284

Luis Ruiz 203-610-2396

Week of Nov.20,2022

Online Bible study and service

Go to Trumbull Church of Christ website:

trumbull churchofchrist.org

Song Leader: Bruce Pancoast

Lord's Table: Kris Eddy

Closing Prayer: Ray Fernandes

Week of 11/14-11/20

Donations: \$1971

Expenses: \$6703

