



The TrumBulletin



A **Publication** of the Trumbull Church of Christ, 2 Drew Circle, Trumbull, CT. 06611
203-261-5201

Volume CXLIX 149 Issue 41, September 3, 2023

Happy Labor Day!

“Remember the Sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is the Sabbath of the Lord your God. In it you shall do no work.” Exodus 20:8-10a NKJV 

Did you know that the Labor Day holiday originally started in the late 1800's? I can only imagine how excited the people were to take a day off from working. Some may have thought, “What a wonderful and new idea!” Created and implemented as a day of rest by those hard working blue collar laborers in New York City, this day continues to be one, that we as a nation, look forward to every September.

To put it rather loosely, Labor Day has become a man made American Sabbath day. A yearly day of rest from our labor, to say goodbye to Summer, to go camping, to gather family for a barbecue, and boy howdy, do us Americans look forward to our Labor Day weekend!

If you think about it, God has already created a special day for those of us who labor. As Christians our very own Labor Day doesn't come only once a year, and it doesn't only come on the first Monday of each September, that special day for us comes every seventh day of the week. If we are smart, we try very hard to honor it. We take that seventh day to stop from our labor and relax a bit. Our bodies weren't created to run full steam ahead each and every day. We were created in His image, and if our God and creator, the great I Am himself rested from His labor on the seventh day, how much more so do we need that rest?!?

Friends, our bodies were made with Sabbath DNA. God placed this spiritual genetic matter within each cell that makes up our miraculous body. So today while you are taking an *American Labor Day rest* by traveling, painting your house, or doing yard work, remember that God had something even better for His children in mind... a weekly rest, a weekly time-out from our hard work. A time-out from our labor, we all need it. Remember friends, God didn't make rest on the Sabbath day a gentle suggestion, He made it a command.

Guest blogger/Laced with Grace

NEWS & NOTES

Wed. Night Bible Study via
zoom -7pm
**Fri. Sept 8 @ 6:30 pm Young
Adult Devo at the building.
Ages 18–29**

**Sat, Sept. 9th 10 am Ladies
and teen girls bible study at
the church building
Sept. 19 9:30 am-Tues.
morning Ladies Bible Study
Contact Mary Lou/Lisa if
interested**

**Spooner House is in dire need of
nonperishable items
Barnabas Project** if interested in
joining contact Mary Lou (475)
529-5751

*Pray for **Greg & Linda Cerminara** as they deal with physical challenges.

*Pray for **Irene Aschen**, she will be having hip surgery Sept. 7

*Pray for Nadine's step mother and her grandchild who both have Covid.

*Pray for Joe Nuzzo's coworker whose brother recently passed away

*Pray for the **Toyer family** (friends of Beulah) in Trinidad. **Roland Had a 2nd stroke and is not doing well.**

*Pray for **Grace Christiansen**, who recently had surgery on her heel.

*Pray for **Nadine** who will be having a PET/CT scan soon.

*Pray for Nadine's friend, **Christine Nelson**, she is dealing with many losses and is quite ill from cancer.

*Pray for **Toni Bonadio** who is having several health challenges.

*Pray for **Emille Jones** who will be going for a second opinion soon.

*Pray for **John Westkott**, (Friend of the Pancoast's) who has salivary gland cancer.

*Pray for **Karen McMullen** who will be having surgery on her esophagus.

*Pray for **Dorthea** who is having an interventional pain procedure On her spine.

*Pray for **Kimberly**, (friend of Greg Saracino) who has been diagnosed with a serious illness.

. **Esther Aggrey is participating in an effort to help young children in Ghana, she will be collecting school supplies and other items (see list in back) until October.**

***Pray for our families, children and teachers as they begin a new school year.**

*Pray for those dealing with cancer and chemo treatments- **Judith Gomez, David Fritzinger, Cohen** (Ron's friend), **Sarah** (Angela's niece), Tom Byer

***Prayers for all those who have lost loved ones this past year.**

*Pray for adult children to develop a relationship with God

*Pray for our **country & our leaders in government , first responders and health care workers.**

*Pray for **families, relatives, friends and people we are reaching out to**, that they may turn to the Lord.

Special prayers for our church leaders.

Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, , Bob and Joanne Discala-Virginia, Greg & Linda

***Pray for those suffering from long term illnesses:** Nadine Keller, Linda Cerminara, Jeremy Sazone, Flo Repecko, Pat Yagowski. Meegan and Irene, Sylvia Sandoval, Nuris Gomez, Mildred, Karen O, Angela's mom Connie Scalzo, Anthony Katz., Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes. , Jim Walkup's brother (Sam), Cyrus (Zach's friend) dad who has brain cancer, Lance Flood, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.

*Anyone interested in helping with **World Bible School**- contact Ron

***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you

Wednesday Bible Classes: 7:00 p.m
 ,participate online via Zoom
Elders: Bruce Pancoast 203-452- 0426
 203-913-8345
Minister: Ron Saracino 203-913-8345
Spanish Ministry: Elmer Sandavol
 914-914-486-9146
Deacons: Ray Fernandes 203-502-8871
Luis Ruiz 203-610-2396
Bob Discala 203-521-7252
Patrick Keller 203-218-9517
Derin Wilson 203-360-1695

Bible class 10 am, Worship service 11 am
Online bible class and worship service
Go to our website :
trumbullchurchofchrist.org

Week of 9/3/23
Song Leader: Derin Wilson
Lord's Table: Steve Froelich
Closing Prayer: Kris Eddy
Usher: Jay Repecko
Week of 8/20/-8/26/23
Donations: \$ 2399
Expenses: \$2324