



The TrumBulletin



A **Publication** of the Trumbull Church of Christ, 2 Drew Circle, Trumbull, CT. 06611
203-261-5201

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Too Busy for Others?

Is your life busy? Just a little? Ok, so, you are “crazy busy!” Why are you so busy... housework, job, the kids, school, family obligations, hobbies, commitments, social events, shopping? Ok, so all of the above!! Ya, most of us feel like we need more hours in a day and more days in a week. Oh, if we could just have more time to sleep and relax. And, who has time to stop and really listen to another person? If we ask someone how they are doing, and they begin to tell us, are we thinking in our head, “I don’t have time to talk”? Have we gotten so busy that we don’t even have time for others?

In Romans 12:15, Paul says, “Rejoice with those who rejoice; mourn with those who mourn.” How can we do that if we are too focused on our own “to-do lists”? Jesus was very busy too. In just over three years, he healed the sick, trained twelve men to be Apostles, taught about the Kingdom of God, saved mankind from sin, fulfilled the Old Testament Scriptures, and walked over 3000 miles during that time. However, despite being so busy, He took time to listen to people. For example, in Mark 5, while Jesus was walking in a crowd of people, a sick woman reached out and touched His garment hoping to be healed. She was. Jesus then turned around and Mark 5:33 tells us that He took the time to listen to her tell “the whole story” of her illness. That’s just one example of Jesus’ taking time to really be with people and listen. If we are going to follow Paul’s command, then let’s follow Christ’s example, and take time to listen.

~ Ron Saracino

NEWS & NOTES

Wed. Night Bible Study via
zoom -7pm

**Sept 17- Potluck after
worship service.**

**Sept. 19 9:30 am-Tues.
morning Ladies Bible Study
Contact Mary Lou/Lisa if
interested**

Nov. 10- Ladies Night out- details
to follow

**Spooner House is in dire need of
nonperishable items**

Barnabas Project if interested in
joining contact Mary Lou (475)
529-5751

*Pray for **Greg & Linda Cerminara** as they deal with physical challenges.
 *Pray for **Irene Aschen**, she will be having hip surgery Sept. 7
 *Pray for Nadine's step mother and her grandchild who both have Covid.
 *Pray for Joe Nuzzo's coworker whose brother recently passed away
 *Pray for the **Toyer family** (friends of Beulah) in Trinidad. **Roland** had a 2nd stroke and is not doing well.
 *Pray for **Grace Christiansen**, who recently had surgery on her heel.
 *Pray for **Nadine** who will be having a PET/CT scan soon.
 *Pray for Nadine's friend, **Christine Nelson**, she is dealing with many losses and is quite ill from cancer.
 *Pray for **Toni Bonadio** who is having several health challenges.
 *Pray for **John Westkott**, (Friend of the Pancoast's) who has salivary gland cancer.
 *Pray for **Karen McMullen and her mother, Clydia Birdsall**. both are having serious health challenges.
 *Pray for **Kimberly**, (friend of Greg Saracino) who has been diagnosed with a serious illness.
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Esther Aggrey is participating in an effort to help young children in Ghana, she will be collecting school supplies and other items (see list in back) until October.

***Pray for our families, children and teachers as they begin a new school year.**

*Pray for those dealing with cancer and chemo treatments- **Judith Gomez, David Fritzinger, Cohen** (Ron's friend), **Sarah** (Angela's niece), Tom Byer
***Prayers for all those who have lost loved ones this past year.**
 *Pray for adult children to develop a relationship with God
 *Pray for our **country & our leaders in government**, **first responders and health care workers.**
 *Pray for **families, relatives, friends and people we are reaching out to**, that they may turn to the Lord.
Special prayers for our church leaders.
 Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, Bob and Joanne Discala-Virginia, Greg & Linda
***Pray for those suffering from long term illnesses:**
 Nadine Keller, Linda Cerminara, Jeremy Sazone, Flo Repecko, Pat Yaglowksi. Meegan and Irene, Sylvia Sandoval, Nuris Gomez, Mildred, Karen O, Angela's mom Connie Scalzo, Anthony Katz., Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes. , Jim Walkup's brother (Sam), Cyrus (Zach's friend) dad who has brain cancer, Lance Flood, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.
 *Anyone interested in helping with **World Bible School**- contact Ron
***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you

Wednesday Bible Classes: 7:00 p.m

,participate online via Zoom

Elders: Bruce Pancoast 203-452- 0426
 203-913-8345

Minister: Ron Saracino 203-913-8345

Spanish Ministry: Elmer Sandavol
 914-914-486-9146

Deacons: Ray Fernandes 203-502-8871

Luis Ruiz 203-610-2396

Bob Discala 203-521-7252

Patrick Keller 203-218-9517

Derin Wilson 203-360-1695

Bible class 10 am, Worship service 11 am

Online bible class and worship service

Go to our website :

trumbullchurchofchrist.org

Week of 9/10//23

Song Leader: Bruce Pancoast

Lord's Table: Bruce Post

Closing Prayer : Patrick Keller

Usher: Steve Froehlich

Week of 8/20-8/26/23

Donations: \$ 3640

Expenses: \$4633

