



The TrumBulletin



A Publication of the Trumbull Church of Christ, 2 Drew Circle, Trumbull, CT. 06611
203-261-5201
Volume CLI 151 Issue 8, Jan. 19, 2025

Carry Each Other's Burdens

Everyone you come in contact with today is carrying a heavy burden. Burdens are like giant boulders strapped on our backs. They weigh us down, exhaust us, weaken us, demoralize us, and well, burden us. Burdens come with different titles, such as, bankruptcy, addiction, sin, illness, bills, abuse, deadlines, unemployment, bullies, conflict, prejudice, fear, worry, and relationship problems. No matter what title you put on them, they are still a boulder strapped on your back. No one escapes the burdens of life, no one. BUT – God wants to help carry everyone's burdens. One way that He does that is by sending people into our lives who can share our burdens. You just might be that person God is sending to help carry someone else's burden. Are there people in your church, neighborhood, workplace, school, or household who are carrying a burden right now? Ask God to help you be a comfort to them. Maybe you can share how God comforted you while carrying a similar burden. Paul wrote in 2 Corinthians 1:3-4, "Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God." Sometimes, just knowing they are not alone while going through a particular struggle is all a person needs for their burden to be lifted. Or, maybe for that burden to be lifted, all they need is a listening ear; someone who shows a concern for what they are going through. Will you be that person for another? God was that person for us! He sent His one and only Son into the world to become a sacrifice for all of our sins, so we would not have to carry the weight (burden) of their punishment. Jesus said in Matthew 11:29-30, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Jesus lifted our biggest burden, condemnation for our sin, by giving up Himself for us; by taking the punishment we deserve upon Himself. Now our Lord Jesus Christ is calling for you and for me to give of ourselves to others, in any way we can, to help lift their burdens. Paul tells us in Galatians 6:2, "Carry each other's burdens, and in this way you will fulfill the law of Christ."

~ Ron Saracino

NEWS & NOTES

Jan. 21- 9:30 am Tuesday morning Ladies Bible Study

Jan. 25- 10-12 noon-Ladies Bible Study @ JoAnne DiScala's home

Jan.31 Midnight Oil- an evening of prayer at the church building - details to follow

Remember to contribute to Spooner House food collection and our own food pantry..
BARNABAS PROJECT- IF INTERESTED in joining contact MaryLou(475)529-5751

Prayer Request

*Pray for **Linda Cerminara**, she will have shoulder surgery Feb. 3.
 *Pray for **Desrine Forbes** who is dealing with a few medical issues and is unable to work.
 *Pray for all those affected by the California wildfires.
 *Pray for **Chris Baxter** dealing with personal issues.
 *Pray for **Judy Ragland** (Chelsey's grandmother, diagnosed with stage 4 colon cancer.
 *Pray for Kris Eddy's coworker whose wife ,**Jackie** was recently diagnosed with cancer.
 *Pray for **David** (Derin's father) who is in congestive heart failure.
 *Pray for good results from **Nadine's** recent CT scan.
 *Pray for **Debbie Christy and family**, her niece, Carrie, passed away.
 *Pray for **the family of William Adams**, (Ashley Stephens uncle), he passed away,his wife is recovering from being recently hospitalized.
 *Pray for **Gerry and Nancy Melson**,both are dealing with health problems.
 *Pray for **Nadine and the family** of Keitha Osborne (friend of Nadine's) Keitha passed away suddenly..
 *Pray for the family of **Flo Repecko**, Flo passed away this past week.
 *Pray for the **Metz family**, Carolyn Metz passed away this past week.

*Pray for those dealing with cancer and chemo treatments- **Judith Gomez,Cohen** (Ron's friend), **Tom Byer** *Prayers for all those who have lost loved ones this past year.

*Pray for **families, relatives, friends and people we are reaching out to**, that they may turn to the Lord. Special prayers **for our church leaders**.

Prayers for all families caring for their elderly or sick loved ones:Allie Saracino-Cherie, ,Bob and Joanne Discala-Virginia,Greg & Linda, Gina Porto

***Pray for those suffering from long term illnesses:**Emille Jones, Mike Ross, Ted & Toni Bonadio, Kevin Early, NadineKeller,Greg & Linda Cerminara,, Pat Yaglowksi. Meegan and Irene, Nuris Gomez, Mildred, Karen O, Anthony Katz., Jasmyn Malagutti,Daniel Ruiz., Zak Pappas Fernandes. , Jim Walkup's brother (Sam), Lance Flood,,Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.

*Anyone interested in helping with **World Bible School**- contact Ron

***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you

Elders:Bruce Pancoast 203-583-0551

Ron Saracino 203-913-8345

Minister: Ron Saracino 203-913-8345

Spanish Ministry: Elmer Sandavol 914-914-486-9146

Deacons: Ray Fernandes 203-502-8871

Luis Ruiz 203-610-2396

Bob Discala 203-521-7252

Patrick Keller 203-218-9517

Derin Wilson 203-360-1695

Wednesday Night Bible Study

7:00 pm via zoom

Bible class Sun. 10 am, worship service 11 am

Online bible class and worship service go

to our website: trumbullchurchofchrist.org

Week of 1/19/25

Song Leader :Kevon Turner

Lord's Table:Bruce Pancoast

Closing Prayer:Ray Fernandes

Usher:Andrew Langalis

Week of 1/12/24- 1/18/25

Donations \$2591.02 Expenses:\$10,880 (includes final payment for oil to gas conversion)

