

The TrumBulletin

A Publication of the Trumbull Church of Christ, 2 Drew Circle, Trumbull, CT. 06611
203-261-5201

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God Breaks Down Strongholds

What is that one weakness, bad habit, rotten attitude? Where does Satan have a stronghold within you?

Stronghold. Ahh, that's a fitting word. Stronghold: a fortress, thick walls, tall gates. It's as if the devil staked a claim on one weakness and constructed a rampart around it, placing himself squarely between God's help and your: explosive temper, fragile self-image, freezer-size appetite. Seasons come and go, and this Loch Ness monster still lurks in the water-bottom of your soul. He won't go away! He lives up to both sides of his compound name: strong enough to grip like a vise and stubborn enough to hold on.

"We use mighty weapons, not mere worldly weapons, to knock down the devil's strongholds" (2 Corinthians 10:4 NLT). You and I fight with toothpicks, but God comes with battering rams and cannons. So give your strongholds to him, and he will break them down. Max Lucado

NEWS & NOTES

March 30-10am New Converts class for any new baptized members or those considering baptism

March 30- Potluck

April1- 9:30 am Ladies Bible Study via zoom

April 4-5 Young Adult lock-in- see Zach or Tori for details

April 4,5 & 6- Ladies weekend in Conway NH- flyers on the back table

April 10 - 8 pm Tori's Junior Recital- at the chapel at Sacred Heart University (about 45 minutes long and it's free)

April 12- 10a-12N Ladies Bible class at church building

April 26- Youth Rally- Warwick Church of Christ, Warwick RI

June 13 & 14 Men's Retreat

Tidal River Christian Camp- Info on back table

Remember to contribute to the Spooner House food collection and our own food pantry.

BARNABAS PROJECT IF INTERESTED in joining contact MaryLou (475)529-5751

Our in house food pantry can use a boost

Prayer Requests

*Pray for Ashley Stephens **Aunt Betty**, recently lost her husband, now lost her oldest son this past Sunday. Also pray for her son **Timmy**, as he grieves these losses.

*Pray for **Tom Boston** with a recent diagnosis of an aneurysm in his heart.

*Pray for **Jessica Bonadio** who is recovering from her recent hospitalization.

*Pray for **Kiely McKnight** (Joanne's friend) recently diagnosed with breast cancer.

*Pray for **Ronnie Ralph** who is dealing with high blood pressure.

*Pray for Nancy Melson's friend who had a feeding tube placed.

*Pray for **Barbara** (Angela's M-I-L) who has pneumonia.

*Pray for Diana's son and family, all have the flu and the baby is in ICU.

*Pray for Kevin & Mirtha's father, **Eric**, for proper medical treatment as he deals with medical issues. flu and the baby is in ICU.

*Pray for **Jim Lane** (Margaret's brother) whose MS is progressing.

*Pray for **Lisa Toby** (Leah's cousin) who is halfway through chemo treatment, recent scans show the tumor is shrinking.

*Pray for Debby Christy's brother **Clarence** who lost his son and is dealing with shoulder pain.

*Pray for **Jose** (Karen Stanzione's S-I-L) who is recovering from hernia surgery. and for her daughter, Kelly who is caring for him and her M-I-L.

*Pray for **Connie** (Mary Lou's friend) who had a stroke.

*Pray for those dealing with cancer and chemo treatments- **Judith Gomez, Cohen** (Ron's friend), **Tom Byer**

***Prayers for all those who have lost loved ones this past year.**

*Pray for **families, relatives, friends and people we are reaching out to**, that they may turn to the Lord. Special prayers **for our church leaders.**

***Prayers for all families** caring for their elderly or sick loved ones: Allie Saracino-Cherie, Bob and Joanne Discala-Virginia, Greg & Linda, Gina Porto

***Pray for those suffering from long term illnesses:** Deserine Forbes, Emille Jones, Mike Ross, Ted & Toni Bonadio, Kevin Early, Nadine Keller, Greg & Linda Cerminara, Pat Yaglowksi. Meegan and Irene, Nuris Gomez, Mildred, Karen O, Anthony Katz, Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes, Jim Walkup's brother (Sam), Lance Flood, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.

*Anyone interested in helping with **World Bible School** - contact Ron

***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Items are being collected for The Umbrella Center for Domestic Violence Services - see Paula's email for a list of items.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you,

Elders:

Bruce Pancoast 203-583-0551

Ron Saracino 203-913-8345

Minister: Ron Saracino 203-913-8345

Spanish Ministry: Elmer Sandavol 914-486-9146

Deacons:

Ray Fernandes: 203-502-8871

Luis Ruiz: 203-610-2396

Bob Discala: 203-521-7252

Patrick Keller: 203-218-9517

Derin Wilson: 203-360-1695

Wednesday Night Bible Study

7:00 pm via zoom

Sunday

Bible class Sun. 10 am, Worship service 11am

Online bible class and worship service go to our website:

trumbullchurchofchrist.org

Week of 3/30/25

Song Leader: Kevon Turner

Lord's Table: Derin Wilson

Closing Prayer: Zach Saracino

Usher: Bruce Post

Week of 3/16/24-3/22/2025

Donations \$3554 Expenses: \$3521