



The TrumBulletin

A Publication of the Trumbull Church of Christ, 2 Drew Circle, Trumbull,
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Be Still

Elijah had been a great prophet of God. He was a faithful servant. He did all God had asked him to do. He presented God's message to the Israelite people. He did everything right, and yet – the people rebelled against God. And even worse – they were trying to kill him. So overwhelmed and desperate was Elijah that he prayed for God to take his life. He needed God now more than ever. 1 Kings 19:11-12 picks up from there, saying, "The LORD said, "Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. After the earthquake came a fire, but the LORD was not in the fire. And after the fire came a gentle whisper." That whisper was the voice of God, speaking to Elijah. God would go on to instruct Elijah what he must do. Sometimes, God will use dramatic events in our life to wake us up or get our attention or open our eyes. But, God doesn't always do it with a SHOUT! Sometimes He whispers. When I think of a Whisper --- I think of two things....

1) A whisper is quiet. When people whisper the only way you are going to hear them is to shut everything off, be quiet, be still, and move in close to that person. If you want to truly hear what God has to say to you, you will need to remove yourself from the chaos of life, long enough to listen. James 4:8 says, "Draw near to God and He will come near to you." God desires that we will slow down, be still, and draw close to Him so we may hear His words of wisdom for our life.

2) A whisper is calming. Often, the only thing that will calm a screaming child is the soft whispering voice of its mother. In a similar way, God's whisper is a calming force in a world of chaos. Jesus said in Matthew 11:28-30, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." In a world that is full of chaos and unrest, the one place you can always be assured that there will be rest and peace, is in the presence of God.

Busy busy busy! All of us are busy! Too busy to be still! Are we slowing down enough to hear God's Whisper? In order to hear the Whisper, we have to be still! In Psalm 46:10, God says, "Be still, and know that I am God." With all the responsibilities and trouble in the world, it is easy to lose sight of all the blessings, the wonders, and the plan God has for our life. The best way to bring us back to our LORD is to stop and be still. Be still long enough to hear His whisper (1 Kings 19:12). Be still long enough to hear the birds chirping and feel the wind blowing. Be still long enough to meditate on His Word. Be still long enough to converse with Him in prayer. It is only when you can be still that you will find refuge in Him. (Psalm 46:1) It is only when you can be still, that you will see the hope He has set before you – thru His Son. Listen for the whisper.

~ Ron Saracino

NEWS & NOTES

Fri. Aug 29-5:30 pm Teen game and movie night at church building
Sun. Aug.31-Pot Luck right after worship

Sept. 13 10-12-First Saturday morning Ladies Bible Study
Sept. 16 begins Tuesday Ladies Bible study via zoom

Sept. 28-3:30pm Area wide Hymn Sing hosted by Trumbull Church of Christ

Our in house food pantry could use a boost
If you are not receiving Sat, e-mails check your spam or junk folder and move to inbox to get future emails.

Prayer Requests

*Pray for **Beulah**'s back pain to subside.
 *Pray for **Betty Adams** who needs to have cataract surgery redone.
 *Pray for **Matthew DePinho** who is dealing with intense back pain due to muscle spasms.
 *Pray for all children, teachers and staff returning to school.
 *Pray for **Patrick and Nadine Keller** as they drive to Canada.
 *Pray for **Justin Coon** who is moving to Pennsylvania to begin college.
 *Pray for **Mick McReanor** who has been diagnosed with prostate cancer.
 *Pray for Larry's friend **Tom** whose wife **Kathy** is on hospice care.
 *Pray for **Kimberly and Nadine**, their close friend, Tyrese died in an accident. Prayers for his family.
 *Pray for Joanne and Bob's grandson, **Leo**, who is being treated for acquired aplastic anemia
 *Pray for **Allie and Cherie** as Al cares for her and decisions concerning her care.
 *Pray for **Desirine Forbes** who is home and undergoing further testing.
 *Pray for the **family of Mildred Perkins** who passed away last week.
 *Pray for Nancy Melson's husband, **Gerry**, recently diagnosed with cardiac amyloidosis.
 *Pray for Doreen Palmer's dgtr., **Christina**, hospitalized for malnutrition and several medical issues.

*Pray for those dealing with cancer and chemo treatments- **Judith Gomez, Cohen** (Ron's friend), **Tom Byer**
***Prayers for all those who have lost loved ones this past year.**
 *Pray for **families, relatives, friends and people we are reaching out to**, that they may turn to the Lord. Special prayers **for our church leaders.**
 Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, Bob and Joanne Discala-Virginia, Gina Porto
***Pray for those suffering from long term illnesses:** Deserine Forbes, Emille Jones, Mike Ross, Ted & Toni Bonadio, Kevin Early, Nadine Keller, Greg & Linda Cerminara, Pat Yaglowksi. Meegan and Irene, Nuris Gomez, Karen O, Anthony Katz, Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes, Jim Walkup's brother (Sam), Lance Flood, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.
***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you,

Elders:

Bruce Pancoast 203-583-0551

Ron Saracino 203-913-8345

Minister: Ron Saracino 203-913-8345

Spanish Ministry: Elmer Sandavol 914-486-9146

Deacons:

Ray Fernandes: 203-502-8871

Luis Ruiz: 203-610-2396

Bob Discala: 203-521-7252

Patrick Keller: 203-218-9517

Derin Wilson: 203-360-1695

Wednesday Night Bible Study

7:00 pm via zoom

Bible class Sun. 10 am, worship service 11am

Online bible class and worship service go to our website:

trumbullchurchofchrist.org

Week of 8/24/25

Song Leader: Bruce Pancoast

Lord's Table: Ray Fernandes

Closing Prayer/Announcements: Bruce Post

Usher: Steve Froehlich

Week of 8/17-8/23/25

Donations :\$3885 Expenses:\$3123

