



The TrumBulletin

A Publication of the Trumbull Church of Christ, 2 Drew Circle, Trumbull,
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I am the Bread of Life

How would you describe yourself to someone? I am a wife - I am a son - I am a grandparent - I am a cook - I am an athlete - I am an artist - I am a CEO - I am a Carpenter - I am a homemaker. In the OT - God was asked that same question. God simply said "I AM!" (Exodus 3:14) What a strange way to describe yourself. "I AM." God is the only one who can describe Himself that way. It means He had no beginning. It means He has no end. It means He is the Eternal Self-Existing One. He is... "I AM."

Jesus said in John 8:56, "I tell you the truth... before Abraham was born, I am!" Because Jesus is God in the Flesh, He describes Himself differently than we would describe ourselves. At the beginning of Jesus' ministry, while He was fasting in the desert (not eating for 40 days), Satan whispered to Him, "Why don't you turn these stones into bread?!" Earlier in John 6 – Jesus had fed 5000 people with five loaves of bread and two fish. And so, we wonder... "Why didn't Jesus turn the stones into bread to feed His hunger?" "Why didn't Jesus feed all the hungry people of the world (while He was on the earth)? He had the power! So, why?" Well, because He saw that man had a deeper need than physical hunger. He saw that man had a more important spiritual hunger. And so, Jesus was on His way to the Cross to feed that spiritual hunger!

Speaking to the many Jews who were following Him, Jesus said in John 6:48-51, "I am the bread of life. Your forefathers ate the manna in the desert, yet they died. But here is the bread that comes down from heaven, which a man may eat and not die. I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. This bread is my flesh, which I will give for the life of the world."

As a minister, a lot of people talk to me about the meaning of life. They ask, "Why am I here?" Others ask, "What am I supposed to do with my life?" Some are depressed and some are lonely. It is another way of them saying, "I have never been hungry, but I am sooooo hungry." Well, Jesus says... "I am the bread of life and I am here to fill your hunger. I'm here to bring you into an eternal relationship with the Father (your creator)."

Bread in the Bible is the symbol of spiritual life! Man has an inborn hunger for God & Spiritual fulfillment. Every person here hungers for God whether you know it or not. The Bible says we are Spiritual beings and so we need to be fed spiritually. And you can't fill that hunger with anything the world has to offer... such as: relationships, money, success, drugs, sports, the internet, or television. You will only find the true meaning for your life in a personal relationship with GOD. Jesus came to be that connection between God and man. Jesus came to fill that hunger. Jesus said in Matthew 5:6, "Blessed are those who hunger and thirst for righteousness, for they will be filled."

Are you hungry to find meaning in your life?

Jesus says, "I am the bread of life."

~ Ron Saracino

NEWS & NOTES

Oct.28- Tuesday Ladies Bible study via zoom Nov.2- Pot Luck- Autumn theme—chili, soups, casseroles, pie , etc. Nov. 7-5:15 Young Adults will be meeting at church building to bring/chaperone teens at Manchester COC youth rally	Nov.15 10-12 -Saturday Ladies Bible Study Nov. 14- 6:30 pm Ron & Lisa will be hosting Young Adults- dinner, devo, game night	Giving thanks- we will be collecting items for Trumbull head start program- a list and collection box can be found in front foyer	<i>Welcome visitors-please share a record of you visit by filling out the Welcome card or using the app on the laminated card, both located on the pew in front of you,</i>
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Prayer Requests

*Pray for **Rod Stanley and family**, his son , Julius passed away.
 Pray for **Raymond's mother** who recently had foot surgery.
 *Pray for Debbie Christy's niece, **Kia Marsha** recently diagnosed with breast cancer.
 *Pray for **Pamela Pimpton** who has been dizzy and not feeling well.
 *Pray for **Sam Walkup** who has been struggling with fevers and infection.
 *Pray for Susan Streety's mother, **Joyce Adams**, who recently had shoulder surgery.
 *Pray for **Anthony Katz** who will be having eye surgery 10/15 (Carol & Joe's grandson).
 *Pray for **Sally** (Nancy Melson's friend) who broke her femur and sprained her ankle.
 *Pray for Joanne and Bob's grandson, **Leo**, who is being treated for acquired aplastic anemia. Leo has received the bone marrow transplant this past week. He is in excruciating pain and very weak. Prayers for the whole family also,
 *Pray for **Mary Lou** as she is dealing with back problems and for **Ron Sr.** for his procedure
 *Pray for **Michael DiRienzo** (friend of John & Tracy Robertson), being treated for stage 4 bladder cancer.
 *Pray for **Amanda Liu** who has lupus and recently hospitalized with sepsis (friend of Jody's)
 *Pray for **Beulah's** back pain to subside.

*Pray for those dealing with cancer and chemo treatments-
Judith Gomez,Cohen (Ron's friend), **Tom Byer**
***Prayers for all those who have lost loved ones this past year.**
 *Pray for **families, relatives, friends and people we are reaching out to**, that they may turn to the Lord. Special prayers **for our church leaders.**
 Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, Bob and Joanne Discala-Virginia, Gina Porto
***Pray for those suffering from long term illnesses:**Deserine Forbes, Emille Jones, Mike Ross, Ted & Toni Bonadio, Kevin Early, Nadine Keller, Greg & Linda Cerminara, Pat Yaglowksi. Meegan and Irene, Nuris Gomez, Karen O, Anthony Katz, Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes, Jim Walkup's brother (Sam), Lance Flood, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.
***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you,

Elders:

Bruce Pancoast 203-583-0551

Ron Saracino 203-913-8345

Minister: Ron Saracino 203-913-8345

Spanish Ministry: Elmer Sandavol 914-486-9146

Deacons:

Ray Fernandes: 203-502-8871

Luis Ruiz: 203-610-2396

Bob Discala: 203-521-7252

Patrick Keller: 203-218-9517

Derin Wilson: 203-360-1695

Wednesday Night Bible Study

7:00 pm via zoom

Bible class Sun. 10 am, worship service 11am

Online bible class and worship service go to our website:

trumbullchurchofchrist.org

Week of 10/26/25

Song Leader:Patrick Keller

Lord's Table:Bruce Pancoast

Closing Prayer/Announcements:Ray Fernandes

Usher:Bruce Post

Week of 10/18-10/25/25

Donations :\$2745Expenses:\$3500

