



# The TrumBulletin

A Publication of the Trumbull Church of Christ, 2 Drew Circle, Trumbull,  
CT. 06611 203-261-5201  
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## “Soar like an Eagle”

I have always been fascinated by eagles. We have one that visits our skyline in Seymour, right over our home and he is a sight to see! His wing span is completely brilliant and I’ve watched as this beautiful bird soars higher and higher; nothing can stop him. He is continuously uplifted! This reminds me of Isaiah’s encouraging words, one of my favorite scriptures, in chapter 40:30-31 “Those who hope in the Lord will renew their strength. They will soar on wings like eagles...”

We live in a world which is uncertain and ever changing and not always in ways we can appreciate. Living in this world brings about trials and hardships. However, if we put our hope in the Lord, He renews our strength! The key to our endurance during any difficult point in our lives lies directly in the hopeful promises we will find in Him alone. He is our best friend and with Him, we can “run and not grow weary” (vs. 31) even when we find ourselves emotionally exhausted. We can “walk and not be faint” (vs.31), as He will carry us when we have a difficult time standing on our own.

We are reminded in Isaiah 40:29 “He gives strength to the weary and increases the power of the weak.”

Our human and finite weakness can be exchanged for His infinite power! Let’s continue to always find our comfort and reassurance in that.

~ Lisa Saracino

## NEWS & NOTES

<b>Jan. 20 9:30 am</b> Tuesday Ladies Bible Study	<b>Jan. 18- Congregational meeting</b> right after worship	<b>Feb. 14-Saturday</b> Ladies Bible Study	<i>Welcome visitors-please share a record of you visit by filling out the Welcome card or using the app on the laminated card, both located on the pew in front of you,</i>
<b>Jan. 16 6:30 pm</b> Young Adult New Year’s devo at church building	<b>Jan. 23-</b> Night of prayer at church building Details to follow		
	<b>Jan. 24th 9 am-</b> Men’s breakfast		

## *Prayer Requests*

\*Pray for the family of **Loveth Oby Duru** who passed away (cousin of Chidi Okoroafor) ,

\*Pray for **Nancy Melson** who has experienced severe abdominal pain and her friend **Sally** (88y.o.) who has the flu.

\*Pray for Dortha's son, **David**, who has been hospitalized for cardiac issues.

\*Pray for **Jim Hopper** recovering from cardiac issues.

\*Pray for **Dortha Cooper** who fell recently.

\*Pray for **Olivia** (Ashley Stephen,s sister) dealing with intense jaw pain.

\*Pray for **Desrine** who continues to have back pain.

\*Pray for all those traveling this holiday season.

\*Pray for baby **Eli and family**, he was born prematurely weighing 3.5 lbs. Mom and baby are doing well ,( friends of Kristen's)

\*Pray for **Jessica** (Bruce & Paula's D-I-L) recently diagnosed with gestational diabetes, she is due Feb. 3rd.

\*Pray for **Anthony Katz** who is recovering from eye surgery and other medical issues.

\*Pray for Joanne and Bob's grandson, **Leo, post bone marrow transplant..** Prayers for the whole family also.

\*Pray for **Mary Lou** as she is dealing with back problems and for **Ron Sr.** for his procedure

\*Pray for those dealing with cancer and chemo treatments- **Judith Gomez,Cohen** (Ron's friend), **Tom Byer**

**\*Prayers for all those who have lost loved ones this past year.**

\*Pray for **families, relatives, friends and people we are reaching out to**, that they may turn to the Lord. Special prayers **for our church leaders.**

Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, Bob and Joanne Discala-Virginia, Gina Porto

**\*Pray for those suffering from long term illnesses and physical challenges** :Deserine Forbes, Emille Jones, Mike & Paula Ross, Ted & Toni Bonadio, Kevin Early, Nadine Keller, Greg & Linda Cerminara, Pat Yaglowksi. Meegan and Irene, Nuris Gomez, Karen O, Anthony Katz, Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes, Jim Walkup's brother (Sam),

Lance Flood, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.

**\*Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner Houe. Please make sure that items do not have expired dates. Thank you.

### **Elders:**

**Bruce Pancoast** 203-583-0551

**Ron Saracino** 203-913-8345

**Minister: Ron Saracino** 203-913-8345

**Spanish Ministry: Elmer Sandavol** 914-486-9146

### **Deacons:**

**Ray Fernandes:** 203-502-8871

**Luis Ruiz:** 203-610-2396

**Bob Discala:** 203-521-7252

**Patrick Keller:** 203-218-9517

**Derin Wilson:** 203-360-1695

### **Wednesday Night Bible Study**

7:00 pm via zoom

Bible class Sun. 10 am, worship service 11am

Online bible class and worship service go to our website:

**trumbullchurchofchrist.org**

**Week of Jan. 11, 2026**

**Song Leader:Derin Wilson**

**Lord's Table:Steve Froehlich**

**Closing Prayer/Announcements:Bruce Pancoast**

**Usher:Bruce Post**

**Week of 12/28/25-1/03/26**

**Donations :\$3326Expenses:\$2913**

