



# The TrumBulletin



A Publication of the Trumbull Church of Christ, 2 Drew Circle, Trumbull,  
CT. 06611 203-261-5201  
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## What Good is a Conscience without the LORD?

It is often said to those pondering a course of action, "Let your conscience be your guide." This may or may not be a good idea. A conscience that is not guided by the Word of God can be misleading. Consider Saul of Tarsus: He was born under the Law of Moses, and was really "into" the Jewish religion. When he began to persecute the church of Christ, it seemed to be the right thing to do. Later, known as Paul, he said to the Jews, "I was thoroughly trained in the law of our fathers and was just as zealous for God as any of you are today." (Acts 22:3) Paul's conscience told him he was doing the right thing, but his conscience was not one based on the Gospel Truth when he persecuted Christians. After "seeing the light" and being converted by the Gospel of Christ (Romans 1:16), he reflected that it was only then that he had done all in a good conscience. (Acts 23:1)

It is possible for one's conscience to be without feeling. The apostle Paul wrote concerning this in 1 Timothy 4:2, saying, "Speaking lies in hypocrisy; having their conscience seared with a hot iron." It is becoming more and more obvious that we are surrounded by those who have no moral conscience - unmarried men and women living together, homosexuality, pornography, profanity, lying, gambling, dishonest gain, and all other kinds of worldliness (Read and consider Galatians 5:19-23). What does living in this type of surrounding do to the conscience of our children?

As Christians, we have been given the gift of the Holy Spirit (Acts 2:38) to help us and guide us in making the correct decisions for our life and relationship with God. Galatians 5:16 says, "Live by the Spirit, and you will not gratify the desires of the sinful nature." A good conscience is one that has been trained by much prayer and Bible Study. This is a conscience that is to be treasured highly. Such a conscience, coupled with a loving heart, is a wonderful blessing which will help us avoid sin. An evil conscience, however, is a dangerous and horrible thing. If we are to let our conscience be our guide, let us be absolutely certain that it is guided by the Word of God and His Spirit.

~ Ron Saracino

## NEWS & NOTES

<b>Today</b> <b>Jan. 18-</b> <b>Congregational</b> <b>meeting</b> right after worship  <b>Jan. 20 9:30 am</b> Tuesday Ladies Bible Study	<b>Jan. 23-</b> Night of prayer at church building Details to follow <b>Jan. 23-</b> 6:30-9pm Night of prayer at church building  <b>Jan. 24th 9 am-</b> Men's breakfast	<b>Feb. 14-</b> Saturday Ladies Bible Study	<i>Welcome visitors-please share a record of you visit by filling out the Welcome card or using the app on the laminated card, both located on the pew in front of you,</i>
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## Prayer Requests

\*Pray for **Irene Aschen** as she continues to struggle with breathing problems.  
\*Pray for the family of **Loveth Oby Duru** who passed away (cousin of Chidi Okoroafor),  
\*Pray for **Nancy Melson** who has experienced severe abdominal pain and her friend **Sally** (88y.o.) who has the flu.  
\*Pray for Dorthea's son, **David**, who has been hospitalized for cardiac issues.  
\*Pray for **Jim Hopper** recovering from cardiac issues.  
\*Pray for **Dorthea Cooper** who fell recently.  
\*Pray for **Olivia** (Ashley Stephen's sister) dealing with intense jaw pain.  
\*Pray for **Desrine** who continues to have back pain.  
\*Pray for baby **Eli and family**, he was born prematurely weighing 3.5 lbs. Mom and baby are doing well ,( friends of Kristen's)  
\*Pray for **Jessica** (Bruce & Paula's D-I-L) recently diagnosed with gestational diabetes, she is due Feb. 3rd.  
\*Pray for **Anthony Katz** who is recovering from eye surgery and other medical issues.  
\*Pray for Joanne and Bob's grandson, **Leo, post bone marrow transplant.** Leo is now home. Prayers for the whole family also.

\*Pray for those dealing with cancer and chemo treatments-  
**Judith Gomez,Cohen** (Ron's friend), **Tom Byer**  
\***Prayers for all those who have lost loved ones this past year.**  
\***Pray for families, relatives, friends and people we are reaching out to, that** they may turn to the Lord. Special prayers **for our church leaders.**  
Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, Bob and Joanne Discala-Virginia, Gina Porto  
\***Pray for those suffering from long term illnesses and physical challenges** :Deserine Forbes, Emille Jones, Mike & Paula Ross, Ted & Toni Bonadio, Kevin Early, Nadine Keller, Greg & Linda Cerminara, Pat Yaglowski. Meegan and Irene, Nuris Gomez, Karen O, Anthony Katz, Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes, Jim Walkup's brother (Sam), Lance Flood, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.  
\***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Bruce Post. Anyone interested in leading and/or helping with the building or church house maintenance please contact Bruce Pancoast.

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner Houe. Please make sure that items do not have expired dates. Thank you.

### Elders:

**Bruce Pancoast** 203-583-0551

**Ron Saracino** 203-913-8345

**Minister: Ron Saracino** 203-913-8345

**Spanish Ministry: Elmer Sandavol** 914-486-9146

### Deacons:

**Ray Fernandes:** 203-502-8871

**Luis Ruiz:** 203-610-2396

**Bob Discala:** 203-521-7252

**Patrick Keller:** 203-218-9517

**Derin Wilson:** 203-360-1695

### Wednesday Night Bible Study

7:00 pm via zoom

Bible class Sun. 10 am, worship service 11am

Online bible class and worship service go to our website:

[trumbullchurchofchrist.org](http://trumbullchurchofchrist.org)

**Week of Jan. 18, 2026**

**Song Leader:Bruce Pancoast**

**Lord's Table:Andrew Langalis**

**Closing Prayer/Announcements:Zach Saracino**

**Usher:Ray Fernandes**

**Week of**

**Donations :\$Expenses:\$**

