



The TrumBulletin

A Publication of the Trumbull Church of Christ, 2 Drew Circle, Trumbull,
CT. 06611 203-261-5201
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A MOMENT WITH A DEER

The other day, Jay and I were having a conversation in my office when I just happened to look out the office window, and before me was a deer. I pointed it out to Jay, and for a moment, our conversation paused as we looked upon one of God’s creations. In that brief moment, the noise of the day went silent.

It reminded me that God often speaks through the quiet rhythms of His creation. When we feel the weight of our schedules, we can find strength in the same way the deer finds its path through the woods.

The deer’s presence brought to mind Psalm 42:1, which says, “As the deer pants for streams of water, so my soul pants for you, my God.” Just as that deer was likely moving toward a source of nourishment, our souls have a built-in "thirst" that only the Creator can satisfy. When we feel weary, it is a signal to stop searching for fulfillment in our "to-do" lists and return to the Living Water.

On Wednesday nights, we have been studying the minor prophets. We just finished the book of Habakkuk. At the end of the book, Habakkuk 3:19 promises, “The Sovereign Lord is my strength; he makes my feet like the feet of a deer, he enables me to tread on the heights.” Life often requires us to navigate rocky or steep terrain. Yet, God provides us with the spiritual "sure-footedness" to handle difficult seasons without slipping.

That deer didn’t rush; it moved with a calm, purposeful grace. Today, I encourage you to look out your own "window." Whether it’s a bird in flight, a flower budding on a tree, or a quiet sunrise, let nature remind you that the same God who guides the deer is lovingly caring for you. Take a breath, look up, and be still.

~ Ron Saracino

NEWS & NOTES

5/12 9:30 am Tuesday
Ladies Bible Study via
zoom
May 9- 10am-Saturday
Ladies Bible Study @
JoAnne’s home
May 15- 6 pm- Young
Adult Lock-in at church
building- see Zach or Tori
for details

May 31- Pot Luck night
after worship service
June 12 & 13 Kent Men’s
Retreat
**Tidal River Christian
Camp** Donations need to
be in before June 21.

**Young Adults Bible
Class**- Sundays 12:30-
1:30 pm for next 6
weeks
**Vacation Bible
School**–**Sat, July 25**-
sign up sheet on back
door for anyone who
can help that day.

*Welcome visitors-please share a
record of you visit by filling out the
Welcome card or using the app on
the laminated card, both located on
the pew in front of you,*

Prayer Requests

*Pray for **Mary Lou**'s back pain to subside.
*Pray for **Michelle** (Karla Jones friend) recently diagnosed with breast cancer.
*Pray for **Judith Gomez** who is dealing with intense pain.
*Pray for **Lauryn Stephens** for a full recovery after surgery.
*Pray for the **Fleetwood family**, Amanda Fleetwood passed away suddenly leaving a husband and 4 small children (Close friend of Leah's dgtr.)
*Pray for Debbie Christy's brother, **Clarence**, who suffered a minor stroke.
*Pray for Michelle Wilson's aunt, **Elease James** who has serious health issues.
*Pray for **Nancy Melson** who is scheduled for a MRI May 19 & 22.
*Pray for Mary Warren's siblings, her sister, **Barbara** has covid and her brother **Jack** has a blood clot in his leg.
*Pray for **Christina**, who is struggling and will be heading back to Maryland (Doreen Palmer's daughter).
*Pray for **Claudette and her grandchildren** (Nadine's sister).

*Pray for those dealing with cancer and chemo treatments- **Judith Gomez, Cohen** (Ron's friend), **Tom Byer**
*Prayers for all those who have lost loved ones this past year.
*Pray for **families, relatives, friends and people we are reaching out to**, that they may turn to the Lord. Special prayers **for our church leaders**.
Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, Bob and Joanne Discala-Virginia, Gina Porto
*Pray for those suffering from long term illnesses and physical challenges :Leo Benevento, Deserine Forbes, Emille Jones, Mike & Paula Ross, Ted & Toni Bonadio, Kevin Early, Nadine Keller, Greg & Linda Cerminara, Pat & Henry Yaglowksi. Meegan and Irene, Nuris Gomez, Karen O, Anthony Katz, Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes, Jim Walkup's brother (Sam), Lance Flood, Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.
***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Patrick Keller. Anyone interested in leading and/or helping the building or church house maintenance please contact Bob DiScala

Please bring nonperishable food items for the **Spoooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spoooner Houe. Please make sure that items do not have expired dates. Thank you.

Elders:

Bruce Pancoast 203-583-0551

Ron Saracino 203-913-8345

Minister: Ron Saracino 203-913-8345

Spanish Ministry: Elmer Sandavol
914-486-9146

Deacons:

Ray Fernandes: 203-502-8871

Luis Ruiz: 203-610-2396

Bob Discala: 203-521-7252

Patrick Keller: 203-218-9517

Derin Wilson: 203-360-1695

Wednesday Night Bible Study

7:00 pm via zoom

Bible class Sun. 10 am, worship service 11am

Online bible class and worship service go to our website:

trumbullchurchofchrist.org

Week of May 3, 2026

Song Leader: Patrick Keller

Lord's Table: Steve Froehlich

Closing Prayer/Announcements: Bruce Pancoast

Usher: Andrew Langalis

Week of 4/26-5/2/26

Donations: \$2053 Expenses: \$3172

