



The TrumBulletin



A Publication of the Trumbull Church of Christ, 2 Drew Circle, Trumbull,
CT. 06611 203-261-5201
Volume CLIII 154 Issue 30 Aug. 9, 2026

It's Hot Outside

The phrase “dog days of summer” usually conjures up images of a hot sun, oppressive humidity, and stagnant afternoons where even the trees refuse to move in the breeze (if there is a breeze at all). This mid-to-late summer stretch often brings physical exhaustion and a collective yearning for a cool breeze. When the heat of life becomes overwhelming, both literally and spiritually, we are invited to look to God’s Word for a different kind of climate—one defined by God’s refreshing presence.

In the middle of a spiritual heatwave, our souls can easily become parched, cracking under the pressures of daily life. Jeremiah 17:7-8 offers a beautiful blueprint for navigating through these difficult seasons of life. It tells us that the person who trusts in the Lord is “like a tree planted by the water that sends out its roots by the stream.” Jeremiah goes on to tell us what happens when the climate shifts: “It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.”

When the world around us feels like a desert, our spiritual energy does not have to wither. The secret lies entirely in where we plant our roots. If we root ourselves in prayer, fellowship, and Scripture, we tap into an unending reservoir of grace. Jesus addresses our deepest thirst directly in John 7:37, when He says, “Let anyone who is thirsty come to me and drink.” When Jesus says that, He is not just offering us a temporary reprieve from the heat; but rather, He is offering us Living Water that satisfies us from the inside out.

Are the dog days of life wearing you down? Are you feeling spiritually dehydrated, drained by worry, or exhausted by the heat of your trials? Isaiah 40:29 reminds us that God “gives strength to the weary and increases the power of the weak.” This week, let’s intentionally shift our focus. Instead of merely enduring the heat, let’s run to the stream. Take time to rest in the shade of His presence, drink deeply from His Word, and allow His Holy Spirit to renew your strength. No matter how high the temperatures rise outside, your soul can remain vibrant, refreshed, and deeply rooted in Jesus Christ.

~ Ron Saracino

NEWS & NOTES

Aug.14-6:30 pm-Ladies song night at the Pancoast’s home. Aug.30- Pot luck right after worship service. Sept. 11& 12- Discipleship class RSVP to Jay Repecko by Aug.30th	Sept, 27- Annual hymn sing - 3:30 pm	.Directory change- Deserine Forbes 1491 Central Ave Apt. 506 Bridgeport, Ct 06410.	<i>Welcome visitors-please share a record of you visit by filling out the Welcome card or using the app on the laminated card, both located on the pew in front of you,</i>
---	--	---	---

Prayer Requests

*Pray for the **Webber family**, Angela's M-I-L passed away this past week.

Pray for **Samuel Cotte who is scheduled for spinal surgery Aug. 21st.

*Pray for Ray Fernandez's mom, **Eva**, doctors discovered a tumor in her lung.

*Pray for **Cannan Stewart** who tragically lost his friend Leon Richardson.

*Pray for **Linda Payne** as she recovers from kidney stone surgery.

*Pray for **Nancy Melson** as she deals with severe pain from colitis.

*Pray for the **Brock, Baxter and Holly families** during a difficult time.

*Pray for **Nadine**, a MRI showed a torn rotator cuff she will need surgery in Sept.

*Pray for **Dorthea Cooper and the family of Margaret Crawford**, she recently passed away.

*Pray for **Virginia DiScala** who is recovering from a stroke and is now at Milford Rehab.

*Pray for **Zach and Jin** as they prepare to head to Albert Einstein Medical School at the end of July.

*Pray for **Brian Kelly's father** who has dementia.

*Pray for **Randy Springer** who is recovering at home from a recent hospitalization. He will need triple bypass surgery in a few weeks.

*Pray for those dealing with cancer and chemo treatments- **Judith Gomez,ay for Cohen** (Ron's friend), **Tom Byer**

***Prayers for all those who have lost loved ones this past year.**

*Pray for **families, relatives, friends and people we are reaching out to**, that they may turn to the Lord. Special prayers **for our church leaders.**

Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, Bob and Joanne Discala-Virginia, Gina Porto

***Pray for those suffering from long term illnesses and physical challenges** :Leo Benevento, Deserine Forbes, Emille Jones, Mike & Paula Ross, Ted & Toni Bonadio, Kevin Early, Nadine Keller, Greg & Linda Cerminara, Pat & Henry Yaglowski. Meegan and Irene, Judith & Nuris Gomez, Karen O, Anthony Katz, Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes, Jim Walkup's brother (Sam), Lance Flood, Jenna Strickland. Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.

***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Patrick Keller. Anyone interested in leading and/or helping the building or church house maintenance please contact Bob DiScala

Please bring nonperishable food items for the **Spooner House** - a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner Houe. Please make sure that items do not have expired dates. Thank you.

Elders:

Bruce Pancoast 203-583-0551

Ron Saracino 203-913-8345

Minister: Ron Saracino 203-913-8345

Spanish Ministry: Elmer Sandavol
914-486-9146

Deacons:

Ray Fernandes: 203-502-8871

Luis Ruiz: 203-610-2396

Bob Discala: 203-521-7252

Patrick Keller: 203-218-9517

Derin Wilson: 203-360-1695

Wednesday Night Bible Study

7:00 pm via zoom

Bible class Sun. 10 am, worship service 11am

Online bible class and worship service go to our website:

trumbullchurchofchrist.org

Week of Aug. 9, 2026

Song Leader Andrew Langalis

Lord's Table: Raymond Lewis

Closing Prayer/Announcements: Bruce Pancoast

Usher: Yeremi DeLeon

Week of 8/2-8/8/26

Donations: \$3085 Expenses: \$3959

