The TrumBulletin

A Publication of the Trumbull Church of Christ, 2 Drew Circle, Trumbull, CT. 06611 203-261-5201

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Finding Grace after a Loss

I'm walking a little slower today. As a die-hard New York Yankees fan, watching our postseason run come to an abrupt end at the hands of the Tampa Bay Rays left me a little bummed. As fans, we invest our time, our energy, and our emotions into these games. When our team falls short, the disappointment is genuinely real. But as I sat with that familiar sting of a sports loss, I was reminded that life frequently forces us into the "loss" column in much weightier ways. We face the loss of jobs, the loss of health, and the loss of people we love. How do we navigate the valley of losing without losing our joy?

First, we have to keep our perspective fixed on what is permanent. Sports are a fun escape, but they are fleeting. Earthly crowns fade. The Apostle Paul reminds us in 1 Corinthians 9:25 that athletes "do it to get a crown that will not last, but we do it to get a crown that will last forever." The ultimate victory has already been secured for us.

Second, losing has a unique way of refining our character if we let it. It teaches us humility and resilience. Scripture tells us in Romans 5:3-4 that "we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope." A loss isn't the end of the story; it's often the groundwork for future growth.

Finally, we can take comfort knowing that our worth isn't tied to a scoreboard. The world celebrates winners, but God draws close to us when we are down. Psalm 34:18 promises that "The Lord is close to the brokenhearted and saves those who are crushed in spirit." Whether you are bummed about a baseball game or carrying a much heavier, quiet grief this week, know that your ultimate victory is safe in Christ. There is always another season ahead, and our hope remains secure.

~ Ron Saracino

NEWS & NOTES

Oct. 20- 9:30am Tues Ladies Bible Study **Oct.16-17 New England Bible Institute Church leadership workshop at Meriden Church of Christ** **Oct. 17- 10am-Ladies Bible Study** at the church building	**Oct. 17- 2 pm Young Adults-** Apple picking & devo at Blue Jay Orchards **Oct. 24 9 am Men's breakfast** at church building. **Oct. 24- Trunk or Treat-6pm** **Set up will begin at 5 pm**	.**We will be collecting baby and postpartum mother items for the Griffin Hospital Birthing Center. See flyer on back table.** **College Care Bags- We will be collecting for 8 students-flyer on back table. Bags will be filled Oct.17**	**Barnabas Project-**Please contact Lisa Saracino if you would like to be included in this ministry (original list was lost), ***Welcome visitors-please share a record of you visit by filling out the Welcome card or using the app on the laminated card, both located on the pew in front of you,***

Prayer Requests

*Pray for **John Robertson's father** who is not doing well and for **John** as he travels to Florida to be with him.
*Pray for **Stacie Terrell** (friend of Mary Warren) who had bone marrow surgery this past week and is in a lot of pain.
*Pray for **Rosalyn Ross** who has an autoimmune illness and needs to be on oxygen all the time.
*Pray for **Greg Cerminara**, recently diagnosed with multiple myeloma, will begin chemo next week.
*Pray for **Nancy Melson's** continued health and also for her close friend, **Gail Lent** whose husband recently passed away.
*Pray for Angela's B-I-L, **George,** who had a heart procedure. Also for his wife,Rachel.
*Pray for **CJ** (Carol's grandson's friend) , a large mass found on his brain.Also for Carol's grandson. **Anthony**, who needs a new vent.
*Pray for **Beulah** who has a rotator cuff tear and for her sister, Eileen who is in the hospital with a blood clot in her heart.
*Pray for **Adeline Hazard** who is awaiting a double lung transplant.
*Pray for **Vivie Chavez** who has an autoimmune illness and her platelets have dropped. Also for **Nora**, a 1 y.o. In a similar situation.
*Pray for **Nadine** who is recovering from surgery for a torn rotator cuff.

*Pray for those dealing with cancer and chemo treatments- **Judith Gomez,ay for Cohen** (Ron's friend)**, Tom Byer**
***Prayers for all those who have lost loved ones this past year.**
*Pray for **families, relatives, friends** and **people we are reaching out to, that** they may turn to the Lord. Special prayers **for our church leaders.**
Prayers for all families caring for their elderly or sick loved ones: Allie Saracino-Cherie, Bob and Joanne Discala-Virginia, Gina Porto
***Pray for those suffering from long term illnesses and physical challenges** :Leo Benevento, Deserine Forbes, Emille Jones, Mike & Paula Ross, Ted & Toni Bonadio, Kevin Early, Nadine Keller, Greg & Linda Cerminara, Pat & Henry Yaglowski. Meegan and Irene, Judith &Nuris Gomez, Karen O, Anthony Katz, Jasmyn Malagutti, Daniel Ruiz., Zak Pappas Fernandes, Jim Walkup's brother (Sam), Lance Flood, Jenna Strickland. Zach Saracino, Joshua Ruiz, Brody Streety & all children with diabetes.
***Opportunities** to serve: any men willing to participate in worship service in other capacities for the church, please contact Patrick Keller. Anyone interested in leading and/or helping the building or church house maintenance please contact Bob DiScala

Please bring nonperishable food items for the **Spooner House -** a list of all items needed is on back table: Jelly/Jam/Peanut Butter, Cereal/Oatmeal, Canned Meats: Chicken, Tuna, Corned Beef Hash, Canned Ravioli/Tomatoes, Pasta Sauce, Canned Fruit/Applesauce, Crackers/Snacks, Pancake Mix/Syrup, Ramen, Hamburger/Tuna Helper, Baked beans/Pork and Beans, Canned/Dried Beans (i.e. Black, Chick Pea, Cannellini, Kidney, Pinto), Rice/Rice-A-Roni, Soup/Stew/Chili, Instant/Canned Potatoes/Yams. Bring these food items to the building to be delivered to the Spooner House. Please make sure that items do not have expired dates. Thank you.

Elders:
Bruce Pancoast 203-583-0551
Ron Saracino 203-913-8345
Minister: Ron Saracino 203-913-8345
Spanish Ministry: Elmer Sandavol 914-486-9146

Deacons:
Ray Fernandes: 203-502-8871
Luis Ruiz: 203-610-2396
Bob Discala: 203-521-7252
Patrick Keller: 203-218-9517
Derin Wilson: 203-360-1695

Wednesday Night Bible Study
7:00 pm via zoom
Bible class Sun. 10 am, worship service 11am
Online bible class and worship service go to our website:
trumbullchurchofchrist.org
Week of Oct. 11,2026
Song Leader: Patrick Keller
Lord's Table:Bruce Pancoast
Closing Prayer/Announcements:
Usher:Maurice Samaha
Week of 10/4--10/10/26
Donations:$ 4569Expenses:$2255